



VETERINARY

Hydrotherapy and Rehab
Education Australia

Advanced Certificate in Canine Hydrotherapy



COURSE INFORMATION PACK

Program Overview



The Advanced Certificate is designed for canine hydrotherapists and animal health professionals seeking to expand their knowledge and advance their clinical skills.

The advanced certificate has a main focus on advanced underwater treadmill techniques for canine rehabilitation, developing skills in assessment, progressive loading and condition specific program design in all aspects of canine recovery, mobility and performance.

WHO IS THIS COURSE FOR

-  Canine Hydrotherapists and Therapists
-  Animal Rehabilitation Practitioners
-  Veterinarians
-  Veterinary Nurses and Technicians
-  Animal Health Professionals seeking up-skilling
-  Students entering the veterinary or animal care industry

If you work hands on with dogs and other small animals and want to improve recovery outcomes, mobility and overall wellbeing, this course is designed for you.

WHAT YOU'LL LEARN

-  Applied canine anatomy and physiology
-  Canine gait patterns and bio mechanics including structure and conformation
-  Core principles of canine hydrotherapy and Underwater treadmill application.
-  Advanced underwater treadmill including using aids and both static and in motion techniques
-  Injury prevention and post-operative recovery strategies
-  Assessment, treatment planning and progress monitoring
-  Handling techniques and client communication
-  Practical case studies based on real clinical scenarios



Delivery Format



SELF-PACED ONLINE LEARNING

Study at your own pace with flexible access to course materials anytime, anywhere.

Online modules deliver in depth knowledge and evidence based theory followed by a multiple choice quiz.



WORK PLACEMENT (If Required)

Students will need to complete 20 hours of work placement at a suitable clinic prior to sitting their exam.



PRACTICAL WORKSHOP

The course includes a 2 day intensive workshop held over a weekend to develop your practical skills. There are several workshop dates throughout the year held at our Blue Mountains Rehab Clinic.

(If unable attend will need to contact our team - online attendance is possible although fees will apply)



CASE STUDIES

Following the practical workshop, students will need to submit 2 case studies of their choosing, one of which will be presented as part of their final exam. Guidelines will be provided during the practical workshop.



FINAL EXAM

Following completion of the case studies.



SUPPORT

Small intake numbers to ensure continued support from our team of qualified hydrotherapists.

Course Modules



1



UNIT 1.0: Applied Canine Anatomy and Physiology including Skeletal System, Muscular and Nervous Systems including Fascia System, Multifidus and the Vagus Nerve

2



UNIT 2.0: Patient assessment including physical examination and palpation techniques and identifying lameness in a clinical setting



UNIT 2.1: Canine gait patterns and biomechanics including forces, levers and their role in producing functional movement along with how these concepts aid us in detecting lameness and providing treatment protocols.

3



UNIT 3.0: Core concepts of hydrotherapy. Reviewing up to date evidence-based theory and practice



UNIT 3.1: Advanced Underwater Treadmill. Applying aids and techniques to both static and in-motion hydrotherapy

4



UNIT 4.0: Developing Treatment Plans



UNIT 4.1: The Healing Process

Course Modules



5

-  **UNIT 5.0:** Common Orthopaedic Conditions and Hydrotherapy Application
 -  **UNIT 5.1:** Common Neurological Conditions
 -  **UNIT 5.2:** Common Muscle and Soft Tissue Disorders
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6

-  **UNIT 6.0:** Co-morbidities of Canine Patients
 -  **UNIT 6.1:** Pain
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7

-  **UNIT 7.0:** Imaging in Rehab Centres
 -  **UNIT 7.1:** Complimentary Therapies
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8

-  **UNIT 8.0:** Developing your clinical practice.
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Course Structure



ONLINE LEARNING MODULES

Eight modules completed at the students pace, each of which is followed by a multiple choice quiz.

Following enrolment, two modules will be released each month until completion.

PRACTICAL WORKSHOP

Students will attend a 2 day hands-on workshop where they will gain practical experience assessing patients and applying advanced techniques in one of our canine underwater treadmills.



Several workshop dates will be available throughout the year with strictly capped student numbers.

CASE STUDIES

Following the practical workshop, students are required to submit two case studies, one of which will be selected for presentation as part of the final examination..

WORK PLACEMENTS

20 hours of practical work placement/experience within an approved Hydrotherapy and Rehab Centre.

FINAL EXAM AND CERTIFICATION

The final exam will comprise a 30 minute one-on-one video call during which you will present and discuss your case studies. You will then be emailed your certificate and a hard copy will be sent by mail.

Work Placement



Students will be required to complete 20 hours of practical work placement/experience within an approved Hydrotherapy and Rehab Centre.

These hours must be completed prior to sitting the final exam.

We provide access to a network of trusted accredited centres that align with our course values where you can complete your required hours.

If there is no accredited centre near your location please let us know and we will explore possible options in your area.

If you are currently working in a hydrotherapy or rehabilitation clinic please contact us as these requirements may be reduced.

For those already working within a suitable facility there may also be the opportunity to have your centre recognised and accredited with us. Please contact us for further information.



Workshop Details



The course includes a 2 day practical workshop delivered after all theory components have been successfully completed. This workshop is designed to provide hands-on training and practical, real-world experience.

Several workshops will be held throughout the year over a Saturday and Sunday.

If you are unable to attend the workshop in person, there is an option to attend via live online session or recorded feedback. You will be required to submit video evidence to demonstrate competence in order to complete your certificate. A further fee of \$350 will apply.



To ensure your experience is as comfortable as possible we will provide a list of nearby accommodation options, transportation details and light refreshments throughout the workshop. At the end of the 2 days there will also be an optional team dinner offering a great opportunity to network and celebrate the completion of the workshop.

A curated list of accommodation options will be shared to assist with your planning. If you are interested in staying at a hotel or Airbnb and would like to share a room with another participant please contact our team. We are happy to help coordinate and facilitate communication between those interested in arranging shared accommodation.

The workshop includes morning tea, lunch and afternoon tea for each of the 2 days along with study materials and take home pack.

Course Fees



We aim to provide a high-quality, comprehensive learning experience that combines online theory, practical training and work placement support, giving you the skills and confidence to succeed in canine hydrotherapy for rehabilitation.

For this reason enrolment numbers will be strictly limited to ensure our students are well supported.

Initial Intake \$7,499

This initial intake offer will end on June 30th, 2026.

A second intake will be opened later in the year. Date to be confirmed.
Fees for this second intake will be \$10,499.

PAYMENT

1

UPFRONT PLAN A:

Pay **\$7,499** at enrolment to cover the full course fee.

2

INSTALMENT PLAN A:

Pay **\$1,799** at enrolment followed by 4 monthly instalments of **\$1,500** until the full course fee is covered.

3

INSTALMENT PLAN B:

Pay **\$1,105** at enrolment followed by 11 monthly instalments of **\$595** until the full course fee is covered.

4

WORK SHOP ATTENDANCE.

Work shop attendance is available remotely A additional fee of **\$350** will be payable at the time to access practical skills via video submission.

Following enrolment, two modules will be released each month. Full course fees must be paid prior to booking your practical workshop place.

All payment plans are designed to support your learning journey allowing you to focus on gaining practical experience without financial stress.

Please contact us to discuss the option that best suits you.

About the Author

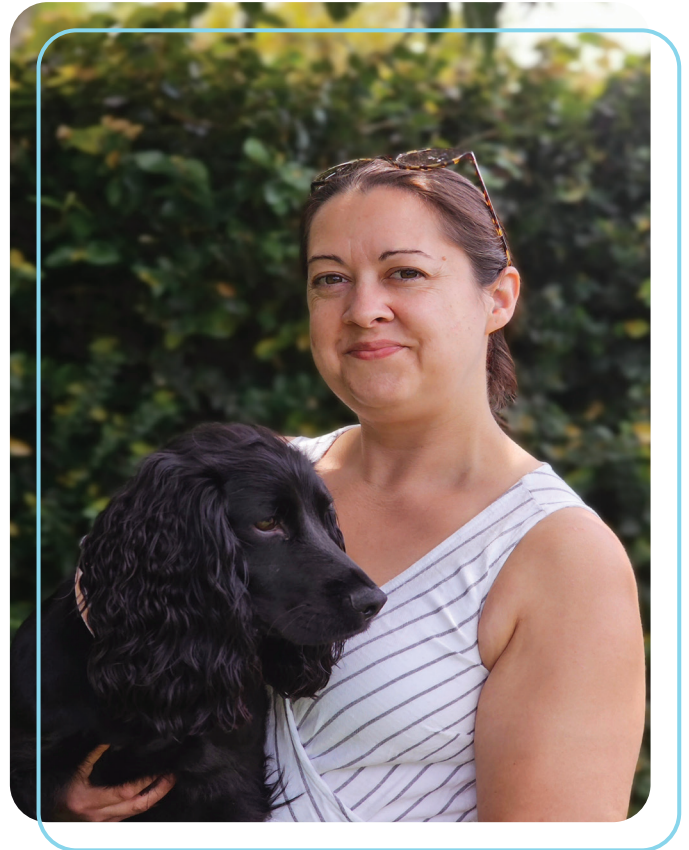


JENNIE FROST

Jennie has over 25 years experience working in the veterinary field and over 15 years canine hydrotherapy and animal rehabilitation. She graduated in 2007 with a Bsc in Veterinary Nursing and Practice Administration from the University of Bristol.

She then went on to complete further study gaining post graduate qualifications in animal behavior, canine hydrotherapy and diploma in advanced hydrotherapy.

She spent several years working in the UK across a range of small animal and orthopaedic referral hospitals. During this time she also established and operated a very successfully canine hydrotherapy centre in the South West of England.



In January 2017, Jennie emigrated permanently to Australia with her husband and young son where she founded the Blue Mountains Animal Rehab Centre (BMARC) in Faulconbridge, NSW. BMARC is now a highly successful canine hydrotherapy and rehabilitation centre servicing a full client base and supported by a dedicated team of hydrotherapists treating dogs, cats and horses. The centre has received multiple local business awards and has recently expanded to include a second underwater treadmill.

Now based in the Blue Mountains, Jennie lives with her husband and their two boys, along with two spaniels, two horses, a bearded dragon and an ever growing flock of chickens, a lifestyle that reflects her longstanding commitment to animal care and welfare.

Frequently Asked Questions



1 WHO IS THIS COURSE SUITABLE FOR?

This course is designed for canine hydrotherapists, veterinary professionals, physiotherapists, animal rehabilitation practitioners, dog trainers and pet care professionals who want to specialise in canine hydrotherapy for rehabilitation.

2 DO I NEED PRIOR QUALIFICATIONS?

Ideally an initial qualification in canine hydrotherapy and/or rehabilitation is recommended. However, experienced vets, veterinary nurses, animal physiotherapists or rehab professionals are welcomed.

3 HOW IS THE COURSE DELIVERED?

The course is primarily delivered via self-paced online learning, combined with a 2 day practical workshop. Following this workshop students will be required to submit two case studies, one of which they will present and elevate as part of their final exam via one on one live video conference.

4 HOW MUCH DOES THE COURSE COST?

- First intake: \$7,499 AUD
- Future intakes: \$10,499 AUD

Flexible payment plans are available. Please note: the course must be fully paid before accessing 2 day workshop and final exam.

5 WHAT ABOUT WORK PLACEMENT?

Students will be required to complete 20 hours of practical work placement/training prior to sitting their final exam. Students can choose an accredited centre from our list or arrange placement at a suitable facility.

If you own a clinic or already work at a suitable facility, your required practical hours may be reduced. Please let us know so we can tailor your work placement requirements accordingly.

Frequently Asked Questions



6 HOW LONG DOES THE COURSE TAKE?

The course can be completed in approximately 12 months, depending on your pace and mode of study. If the course is not completed within 2 years after enrolment, it will be deferred and a deferment fee will be incurred.

7 CAN I GET MY OWN CENTRE ACCREDITED?

Yes. If you own or work at a suitable facility, please contact us to explore accreditation options.

8 WHAT TYPES OF ASSESSMENTS ARE INCLUDED?

Each online module is followed by a multiple choice quiz required to complete the module. Students should have completed all online modules prior to their practical workshop.

9 ARE PAYMENT PLANS AVAILABLE?

Yes. Flexible monthly payment plans are available to make the course more accessible. Options include instalments tailored to suit your needs.

10 IS THE WORKSHOP COMPULSORY?

Yes. The course includes a 2 day practical workshop. If you are unable to attend in person a online option is available with further fees applied. Please contact our team for further information.

- Assessments: During the workshop, practical assessments are conducted.
- Facilities & Networking: We provide a list of nearby hotels & transportation options. Morning tea, lunch and afternoon tea will be provided over the two days. Students will be supplied with a study materials and a take home pack.

Frequently Asked Questions



11 WHAT IS THE REFUND POLICY?

A 7 day cooling-off period applies from the date of purchase. No refunds are available after this period. For students on a payment plan, the full course balance remains payable even if you choose to discontinue.

12 IS SUPPORT AVAILABLE THROUGHOUT THE COURSE?

Yes. Our team is available via email Monday to Friday 9am – 5pm AEST to answer questions, provide guidance and support your learning journey.

13 WHO CAN I CONTACT FOR MORE INFORMATION?

Our team is available to answer questions about enrolment, course content, practical placements and payment plans. Contact us directly via email for personalised support.

14 IS THIS COURSE ACCREDITED?

We are in the process of finalising formal accreditation. Upon completion, you will receive the Advanced Certificate in Canine Hydrotherapy For Rehabilitation along with official accreditation once the process is complete.



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